Trauma: Trauma-Informed Care, Trauma-Specific Services, and Trauma Related to Historic Events and Circumstances

Raymond Daw, M.A. and Norma Jaeger, M.S.
Presenters

Raymond Daw, MA | Behavioral Health Administrator, Yukon-Kuskokwim Healthcare Corporation
Mr. Daw is a member of the Navajo Nation and is bilingual in Navajo and English. He was the former Executive Director of the Na'nízhoozi Center, Inc., a residential substance abuse treatment program in Gallup, New Mexico. Mr. Daw is a senior level facilitator and has many years of experience working with co-occurring disorders. He has participated in the development of community-based prevention models and evaluation standards for behavioral health programs. Mr. Daw's past and current activities include participation on the Board of Directors for the Takini Network, which developed the historical trauma model, membership on the Advisory Committee for the SAMHSA Co-Occurring Disorders Center for Excellence (COCE), Co-Chair of the National Institute on Drug Abuse’s Native American Workgroup, and has participated in several Native American planning groups in New Mexico.

Norma Jaeger, MA | Statewide Drug Court & Mental Health Court Coordinator, Idaho Supreme Court
Ms. Jaeger has spent more than 25 years developing and managing public mental health and substance abuse programs throughout the Northwest. Currently, she is the Idaho Supreme Court’s Statewide Drug Court and Mental Health Court Coordinator, providing support to 64 drug and mental health courts. In Portland, OR, she was the Administrator for substance abuse treatment and prevention services. She was also a founding partner in the Northeast Portland Community Court and developed and managed a central intake unit to assess and refer community corrections-involved individuals to treatment. Ms. Jaeger pioneered gender-based treatment services for substance-dependent women, including the first Oregon residential treatment program to admit women with their children, and developed a jail diversion program for individuals with mental illness. In Seattle, WA, as County Administrator for substance abuse prevention and treatment services, Ms. Jaeger managed two 200-bed residential substance abuse treatment units serving offenders. She also managed treatment and rehabilitation services for the King County, WA Integrated Behavioral Health Division, served as Vice-Chair of the Northwest High-Intensity Drug Trafficking Area Consortium, and chaired NIDA’s Community Epidemiology Work Group for Seattle. Ms. Jaeger served three terms on the Board of Directors for the National Association of Drug Court Professionals and is on the adjunct faculty of the Department of Criminal Justice at Boise State University.
Trauma – the Great Pretender
Definitions

Trauma
A serious injury or shock to the body, as from violence or an accident
An emotional wound or shock that creates substantial, lasting damage to the psychological development of a person, often leading to neurosis
An event or situation that causes great distress and disruption
Trauma-informed care

A program, organization, or system that realizes the widespread impact of trauma and understands potential paths for healing

- Recognizes the signs and symptoms of trauma in staff, clients, and others involved with the system
- Responds by fully integrating knowledge about trauma into policies, procedures, practices, and settings
- Develops ways of responding to people to avoid triggering memories or other reactions from the earlier traumatic event(s)
Trauma-informed approach

Similar in meaning to trauma-informed care, however, some sectors do not identify as “care-giving,” such as the criminal and juvenile justice or employment sectors, so the term “approach” is preferred

- May still be used in such systems as primary and behavioral health care or child welfare

- However, it is recognized that the term “trauma-informed approach” is more applicable across a broad range of systems
Trauma-specific services

Programs that address trauma with a continuum of interventions from screening to direct treatment to recovery supports

- An increasing number of promising and evidence-based practices address trauma-related conditions such as PTSD
- These services recognize that recovery occurs within the context of relationships rather than authoritarian control
- Focus directly on the resulting effects of trauma and facilitate recovery
Trauma-specific interventions

Specific practices that have been developed to address the trauma experienced by individuals, families, or communities

- Most effectively used by a practitioner trained in the use of the intervention

- These practices have been shown to work with specific age groups, in particular settings, and with specific types of trauma
Trauma-Specific Interventions

Addiction and Trauma Recovery Integration Model (ATRIUM)

Essence of Being Real
Risking Connection
Sanctuary Model
Seeking Safety

Trauma, Addiction, Mental Health, and Recovery TAMAR

Trauma Affect Regulation: Guide for Education and Therapy (TARGET)

Trauma Recovery and Empowerment Model (TREM and M-TREM)

http://gainscenter.samhsa.gov
National Center for Trauma-informed Care

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